**RISK ASSESSMENT**

**Locations:** Balmedie Country Park  
**Event:** Beach Ballistic 12km Nek & 8km Obstacle  
**Persons Completing Risk Assessment:**  
- Beach Ballistic Events Team  
- Military Fitness Training  
- Radio communication network to be in place between Race Directors (RDs) and key marshals locations.  
- Marshals equipped with contact details for RDs and First Aid Team should ensure that marshals are also equipped with some first aid kit.  
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**HAZARD DANGERS**  
- Acceptable – Task may proceed  
- Possible – Task may proceed if all controls are in place & supervision is adequate  
- Probable – Task may not proceed until the risk is reduced

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**HAZARD DESCRIPTION AND EFFECT**  
- Injury to personnel due to lack of awareness or misjudging the ability of the route.  
- Injury to personnel due to lack of awareness around other vehicles on the scenic roads.  
- Injury to personnel during weight lifting obstacles within the race route.  
- Injury to personnel caused by pulling obstacles on race route.  
- Injury to personnel caused by pulling obstacles on race route.

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**HAZARD CONSEQUENCE**  
- SERIOUS  
- SERIOUS  
- SERIOUS  
- MODERATE  
- MODERATE

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**HAZARD OCCURRENCE**  
- CHANCE OF  
- UNLIKELY  
- UNLIKELY

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**HAZARD INITIAL RISK**  
- LOW  
- MEDIUM  
- HIGH

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**HAZARD RISK RATING**  
- LOW  
- MEDIUM  
- HIGH

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**RESIDUAL RISK**  
- LOW  
- MEDIUM  
- HIGH

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**CONTROLS**  
- Follow designated signage.  
- Follow designated signposts.  
- Follow designated race route markers.  
- Use designated bins for waste at water stops and do not litter the course.  
- Allow other competitors to pass where/when it is safe to do so.

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**HAZARD CONSEQUENCE**  
- SERIOUS  
- SERIOUS  
- SERIOUS  
- MODERATE  
- MODERATE

---

**HAZARD OCCURRENCE**  
- CHANCE OF  
- UNLIKELY  
- UNLIKELY

---

**HAZARD INITIAL RISK**  
- LOW  
- MEDIUM  
- HIGH

---

**HAZARD RISK RATING**  
- LOW  
- MEDIUM  
- HIGH

---

**RESIDUAL RISK**  
- LOW  
- MEDIUM  
- HIGH

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**HAZARDS TO BE MANAGED**  
- Long stretches of road or closed roads.  
- Crossings of pedestrian or vehicular access roads.  
- Injuries to personnel due to the movement of the water obstacles.  
- Injuries caused by failure of obstacle structure or components.  
- Injuries caused by pulling obstacles on race route.